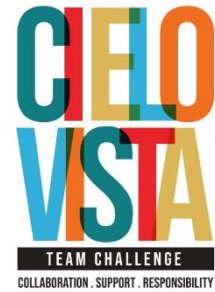


# Frequently Asked Questions

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Cielo Vista Team Challenge – San Antonio, TX



## What We Do

### Q: What is a Ropes Course?

**A:** Our ropes course is a fully outdoor team development experience nestled in the shaded hill country between Leon Springs and Helotes. We use interactive, hands-on activities to help teams build trust, communication, and collaboration.

Each program is customized to your team’s goals, and we offer three types of elements:

**Initiatives** – Ground-based team challenges that spark problem-solving and creativity. Think of these as fun, brain-warming games that get everyone involved & laughing.

**Low Ropes** – Group problem-solving activities that take place on structures close to the ground (6 inches to 14 feet). No harness required—just teamwork.

**High Ropes** – Elevated challenges 30–50 feet off the ground (e.g., Leap of Faith, Giant Ladder, Zipline). These are always “challenge by choice” and require a harness and helmet.

## Location & Booking

### Q: Where are you located?

**A:** Our ropes course is located at 21285 Cielo Vista Drive, San Antonio, TX—just 10 minutes from the Medical Center.

### Q: Do I need a reservation?

**A:** Yes. All programs are custom-designed and require advance booking.

### Q: How long is a team building session?

**A:** Sessions range from 2 hours to multiple days. Most programs are 4–7 hours.

### Q: How much does it cost?

**A:** Cost depends on group size and goals. Contact us for a custom quote.

### Q: How many people can participate?

**A:** We host groups of 6 to 150 participants. Our 10-acre property allows for multiple teams or company-wide events.

## Preparing for Your Visit

### Q: What should I wear and bring?

**A:** Wear comfortable, outdoor clothing that allows you to move—like a T-shirt, leggings, tennis shoes, and a hat. Bring a refillable water bottle, sunglasses, and any personal support items. Leave jewelry at home.

### Q: Can I bring food or drinks?

**A:** Yes—no glass or alcohol, please. We offer custom catering with advance notice and can accommodate dietary needs.

**Q: Is parking available?**

**A:** Yes, parking is available along the street. Carpooling is encouraged due to limited parking.

**Q: Are there bathrooms?**

**A:** Yes. We provide clean, well-maintained portable toilets on-site.

**Participation & Safety**

**Q: Do I need to be athletic to participate?**

**A:** Not at all. No running or jumping required. Everyone can contribute meaningfully, regardless of physical condition.

**Q: Is there a weight limit/restriction for high ropes?**

**A:** The zipline has a weight range of 70–250 lbs. For our other high ropes, we offer a range of harness sizes to fit various body types.

**Q: I'm over 50. Can I still participate?**

**A:** Absolutely! Many of our most enthusiastic participants are 50+.

**Q: Is your ropes course safe?**

**A:** Yes. We exceed ACCT safety standards, inspect equipment daily, and prioritize physical and emotional safety.

**Q: Do you accommodate participants with disabilities?**

**A:** Yes. Let us know your needs—we aim to make every experience inclusive.

**Why It Works**

**Q: What makes your ropes course different?**

**A:** We're not a thrill park—we're a people-focused program designed for real team development. Every session includes guided reflection and application to workplace dynamics.

**Q: How effective is outdoor team building?**

**A:** Research shows outdoor settings improve creativity, retention, and team bonding. Our quiet, shaded property offers a true reset—allowing individuals to leave their work titles at the office and connect as people on our course.

**Q: Is team building worth the investment?**

**A:** Definitely. Studies show a 20–25% improvement in team performance after structured team building. Our clients often see immediate results in communication, trust, and morale.

**Q: Is this team building program tax deductible?**

**A:** Often, yes—especially when tied to training or leadership development. We provide detailed invoices for documentation. Please check with your tax advisor.

Still have question? Ready to book? Visit [www.cvteamchallenge.com](http://www.cvteamchallenge.com) or text us directly to start planning your unforgettable ropes course experience in San Antonio!