

# Goal-Setting Worksheet: Help Us Customize Your Program

For Coaches, Organizers, and Team Leaders



**Purpose:** Use this worksheet to clarify your team’s goals and priorities before your program at Cielo Vista Team Challenge. This helps us design a custom experience that directly supports your athletes, staff, or organization.

## 1. Your Team Snapshot

Team / Organization Name: \_\_\_\_\_ Number of Participants: \_\_\_\_\_  
Job Titles/Positions: \_\_\_\_\_

## 2. Your Big Picture Goals

What do you want your team to gain from this program?

- |  |  |
|--|--|
| <input type="checkbox"/> Build stronger trust                                | <input type="checkbox"/> Boost resilience and confidence |
| <input type="checkbox"/> Improve communication                               | Other: _____   |
| <input type="checkbox"/> Develop leadership skills                           | _____  |
| <input type="checkbox"/> Strengthen collaboration across cliques/departments | _____  |
| <input type="checkbox"/> Create a fun bonding experience                     |  |

## 3. Current Team Dynamics

What strengths does your team already have? \_\_\_\_\_  
What’s the biggest challenge or obstacle right now? \_\_\_\_\_  
What challenges or habits get in the way of working well together? \_\_\_\_\_  
Are there any cliques, silos, or divisions you’d like addressed? \_\_\_\_\_  
How well do participants already know each other?  Very well  Somewhat  Not at all

## 4. Leadership Development

Who will be attending? (Executives, mgrs, students, full staff?) \_\_\_\_\_  
\_\_\_\_\_

What leadership behaviors would you like to encourage or reinforce?

<input type="checkbox"/> Speaking up & using voice	<input type="checkbox"/> Collaboration under pressure
<input type="checkbox"/> Taking initiative	<input type="checkbox"/> Respecting diverse styles & perspectives
<input type="checkbox"/> Supporting others / Servant leadership	Other: _____

## 5. Practical Notes

- Injuries, medical needs, or accessibility considerations? \_\_\_\_\_
  - Any specific themes/messages to tie into your season, workplace, or mission? \_\_\_\_\_
- \_\_\_\_\_

*Return this sheet to CVTC ahead of your program to help us create a customized and impactful team experience.*